



U.K. Athletics Licence no. 2014-11276

# FALMOUTH MOB MATCH



## 5-mile road race

### Sunday 23rd November 2014, 10.30am



Surname		Forename	
Date of birth		Male/female	
Age on race day (minimum age 14)		Affiliated club (state if unattached)	

E-mail: .....

England Athletics Registration number .....

#### DATA PROTECTION

The information provided by you on this form will be used solely for the purpose of the race results and identification for health and safety reasons. The information will only be available to members of the results team and appropriate race officials and will not be passed to any other person or agency.

#### DECLARATION

Please enter me for the Cornwall Mob Match. I declare I am medically fit to run and I understand the organisers will not be held responsible for any injury, illness, damage or loss to me or caused by me, however caused.

Signature of entrant.....

## Information

<b>Course</b>	5 Mile undulating road race
<b>Time</b>	10.30am on Sunday, 23rd November 2014
<b>Start/Finish</b>	The Falmouth Hotel, Falmouth,
<b>Registration</b>	The Falmouth Hotel, Castle Beach, Falmouth. TR11 4VZ; 9.00 am to 10.00 am <i>Team manager/ unattached runners should collect their race numbers from the registration point.</i>
<b>Postal pre-entries (by 13th November)</b>	Roger Brown, 52 Dracaena Avenue, Falmouth TR11 2EQ Or Email: <a href="mailto:roger.brown283@talktalk.net">roger.brown283@talktalk.net</a>
<b>Entry fee (per runner)</b>	Pre-entries = £8.00/Entry on the day = £10.00 <b>Unattached £2.00 extra</b> Cheques made payable to Falmouth Road Runners. <b>Entries or runner transfers received after 21st Nov will not be processed and will incur the Entry on Day rate.</b>
<b>Awards (NB One prize per team)</b>	There will be 3 divisions, dependent on club size (see rules below for definitions). Prizes will be awarded to the 1 <sup>st</sup> two teams of each category. <b>Only one prize for each appropriate category will be awarded to any club.</b>
<b>Guest/unattached runners</b>	We welcome the participation of guest/unattached runners and their finishing positions will NOT be removed from the results. In deciding team positions, it is in every runner/team's interest to finish in front of as many people as possible
<b>Contact</b>	Any problems, contact Race Director, Jan Watson on 07802 767197, or by email at <a href="mailto:janet.watson@avantormaterials.com">janet.watson@avantormaterials.com</a> . For further information visit <a href="http://www.falmouthroadrunners.co.uk">www.falmouthroadrunners.co.uk</a> .
<b>Presentation</b>	Presentation of prizes and trophies for the Mob Match & Cornish Grand Prix will take place at the Falmouth Hotel
<b>Parking</b>	Parking at Gyllyngvase Car Park, Pendennis Castle & surrounding roads; other car parks available in town.
<b>Accommodation</b>	Special rates & offers available at Blue Haze: <a href="http://www.bluehazecornwall.co.uk">www.bluehazecornwall.co.uk</a> Tel. 01326 315171; email: <a href="mailto:enquiries@bluehazecornwall.co.uk">enquiries@bluehazecornwall.co.uk</a>
<b>Rules</b>	<p>Prizes for 1<sup>st</sup> and 2<sup>nd</sup> winning Teams in each Division, allocated as follows: Scoring calculated as 1<sup>st</sup> runner home 1 point, 2<sup>nd</sup> runner home 2 points; 3<sup>rd</sup> runner home 3 points etc. Winning teams are those with fewest points</p> <p>Division 1 - clubs with 180 or more first claim members:</p> <ul style="list-style-type: none"> <li>• Points from the first 10 men &amp; first 10 women from each club will be totalled to determine the winning teams. Each club to have one men's &amp; one women's team to count.</li> <li>• Runners finishing outside the first 10 men &amp; 10 women of their own club will affect the opposition's final score by pushing the other clubs' scoring runners further down the field</li> </ul> <p>Division 2 - clubs with 50 to 179 first claim members:</p> <ul style="list-style-type: none"> <li>• Points from the first 8 men &amp; first 8 women from each club will be totalled to determine the winning teams. Each club to have one men's &amp; one women's team to count.</li> <li>• Runners finishing outside the first 8 men &amp; 8 women of their own club will affect the opposition's final score by pushing the other clubs' scoring runners further down the field</li> </ul> <p>Division 3 - clubs with less than 50 first claim members &amp; unaffiliated teams: Points from the first 6 runners from each club will be totalled to determine the winning team. Each club to have one team of 6 to count.</p> <p style="text-align: center;"><b>NO MP3 PLAYERS OR IPODS ARE ALLOWED</b></p> <p style="text-align: center;"><b>Thanks to Falmouth Town Centre Manager &amp; Town Council for their support</b></p>