

MARAZION 10K – 2ND FEBRUARY 2014

PLACE	TIME	NAME	TEAM	CATEGORY	PACE	NO
1	0:32:41	LE GRICE, Peter	Mounts Bay Harriers	Male under 35	05:15.5	345
2	0:33:58	THOMAS, Justin	Cornwall AC	Male Vet 40-44	05:27.9	69
3	0:34:27	ELLIS, Peter	Hayle Runners	Male under 35	05:32.5	203
4	0:34:33	STEPTO, Emma	Cornwall AC	Female Vet 40-44	05:33.5	89
5	0:35:03	EDDY, Neil	Mounts Bay Harriers	Male under 35	05:38.3	313
6	0:35:07	HARRY, Chris	Cornwall AC	Male Vet 50-54	05:39.0	67
7	0:35:21	KINDON, Noel	Cornwall AC	Male under 35	05:41.2	66
8	0:35:28	HUMPHREY, Thomas	Hayle Runners	Male under 35	05:42.4	198
9	0:36:19	WHITMORE, Ceri	Cornwall AC	Male Vet 35-39	05:50.6	80
10	0:36:22	GUMMESSON, Jonas	Newquay Road Runners	Male under 35	05:51.0	423
11	0:36:27	MORANT, Jordan	Hayle Runners	Male under 35	05:51.8	232
12	0:36:32	MONTGOMERY-SMITH, Phil	St Austell Running Club	Male Vet 40-44	05:52.6	484
13	0:36:35	DANIELS, Alex	Newquay Road Runners	Male Vet 40-44	05:53.1	396
14	0:36:41	HICKS, Ben	Mounts Bay Harriers	Male under 20	05:54.1	321
15	0:36:47	SOWERBY, Peter	Truro Running Club	Male Vet 45-49	05:55.1	544
16	0:37:04	WHERRY, Steve	Cornwall AC	Male Vet 50-54	05:57.8	82
17	0:37:13	HANDS, Stephen	St Austell Running Club	Male Vet 45-49	05:59.2	482
18	0:37:15	DOWRICK, Mike	Cornwall AC	Male Vet 40-44	05:59.6	88
19	0:37:21	RICHARDS, Gary	Mounts Bay Harriers	Male Vet 40-44	06:00.5	370
20	0:37:34	ABRAHAM, Scott	Hayle Runners	Male Vet 40-44	06:02.6	178
21	0:37:38	COSTELLO, Daniel	Hayle Runners	Male under 20	06:03.3	196
22	0:37:38	THOMAS, Adam	Cornwall AC	Male under 35	06:03.3	190
23	0:37:39	DAVIS, Glynn	Carn Runners	Male Vet 45-49	06:03.4	40
24	0:37:53	BENNEY, Aaran	Mile High	Male under 35	06:05.7	291
25	0:37:55	SALAMONE, Craig	Cornwall AC	Male under 35	06:06.0	68
26	0:38:01	MARKS, Steve	Newquay Road Runners	Male Vet 40-44	06:07.0	428
27	0:38:09	SANGER, Phil	Mounts Bay Harriers	Male Vet 35-39	06:08.3	375
28	0:38:15	TIER, Naomi	Cornwall AC	Female under 35	06:09.2	85
29	0:38:19	MURRANT, Kieran	Hayle Runners	Male under 35	06:09.9	1
30	0:38:21	DAIN, Neil	Bodmin Road Runners	Male Vet 40-44	06:10.2	2
31	0:38:22	WILLIAMS, Simon S	St Austell Running Club	Male Vet 40-44	06:10.3	446
32	0:38:23	MAY, Ben	Mounts Bay Harriers	Male under 35	06:10.5	301
33	0:38:25	WEBB, Jason	Cornwall AC	Male Vet 40-44	06:10.8	81
34	0:38:26	HALL, Craig	Carn Runners	Male Vet 35-39	06:11.0	44
35	0:38:32	SOLE, John	Bodmin Road Runners	Male under 35	06:12.0	9
36	0:38:40	DAVIS, Martin	Newquay Road Runners	Male Vet 55-59	06:13.2	411
37	0:38:43	DAVIS, Eleanor	Newquay Road Runners	Female under 35	06:13.7	412
38	0:38:45	BUNT, Richard	Newquay Road Runners	Male Vet 35-39	06:14.0	416
39	0:38:51	ANGELL, Dave	Mile High	Male under 35	06:15.0	293
40	0:38:53	COLACO, Jonny	Newquay Road Runners	Male Vet 40-44	06:15.3	409
41	0:38:53	CARTHEY, Tom	Falmouth Road Runners	Male under 35	06:15.3	167
42	0:38:56	HICKSON, Andrew	Mounts Bay Harriers	Male Vet 45-49	06:15.8	322
43	0:39:09	TIMMS, Simon	Hayle Runners	Male under 35	06:17.9	242
44	0:39:10	ROWE, Tim	Cornwall AC	Male Vet 40-44	06:18.1	72
45	0:39:15	TELFORD, John	Cornwall AC	Male Vet 55-59	06:18.9	105
46	0:39:17	BOLT, Phil	Cornwall AC	Male Vet 45-49	06:19.2	86
47	0:39:18	CARDEW, Barrie	Carn Runners	Male Vet 55-59	06:19.4	38
48	0:39:19	ADAMS, Tim	St Austell Running Club	Male Vet 40-44	06:19.5	459
49	0:39:27	EVANS, Darren	Launceston Road Runners	Male under 35	06:20.8	266
50	0:39:29	CROWLE, Ben	Bodmin Road Runners	Male Vet 35-39	06:21.1	11
51	0:39:36	SAVAGE, Rich	Hayle Runners	Male Vet 45-49	06:22.3	249
52	0:39:41	TRIGGS, Dale	Cornwall AC	Male under 20	06:23.1	83
53	0:39:49	OMORI, Mark	Mounts Bay Harriers	Male Vet 50-54	06:24.3	361
54	0:39:53	WATSON, Robin	Falmouth Road Runners	Male Vet 50-54	06:25.0	145
55	0:40:01	EDDISON, Andrew	Cornwall AC	Male Vet 45-49	06:26.3	70
56	0:40:11	LUKE, Anne	Tamar Trotters	Female Vet 55-59	06:27.9	492
57	0:40:12	PASCOE, Gary	Truro Running Club	Male Vet 50-54	06:28.0	547
58	0:40:13	DORRELL, Mark	Carn Runners	Male Vet 50-54	06:28.2	63
59	0:40:24	KEAREY, Kyle	Mounts Bay Harriers	Male under 35	06:30.0	338
60	0:40:34	MAYES, Richard	Hayle Runners	Male Vet 40-44	06:31.6	228

61	0:40:42	STRACHAN, Steven	Falmouth Road Runners	Male Vet 35-39	06:32.9	160
62	0:40:47	NICHOLAS, Alice	Mounts Bay Harriers	Female under 35	06:33.7	358
63	0:40:56	MILES, Peter	Mounts Bay Harriers	Male Vet 40-44	06:35.1	356
64	0:40:57	PITCHER, Tom	Tamar Trotters	Male under 35	06:35.3	490
65	0:40:58	TRUDGIAN, Andy	St Austell Running Club	Male Vet 40-44	06:35.4	476
66	0:40:59	PEARCE, Nick	Tamar Trotters	Male Vet 45-49	06:35.6	501
67	0:41:00	LAURIE, Andrew	Falmouth Road Runners	Male Vet 50-54	06:35.8	161
68	0:41:06	RENDE, Steve	Newquay Road Runners	Male Vet 45-49	06:36.7	425
69	0:41:11	VINNICOMBE, Jason	Carn Runners	Male Vet 35-39	06:37.5	61
70	0:41:15	MARTIN, Richard	St Austell Running Club	Male under 35	06:38.2	426
71	0:41:22	ANGILLEY, David	Cornwall AC	Male Vet 45-49	06:39.3	87
72	0:41:27	WALLER, Connor	Mounts Bay Harriers	Male under 20	06:40.1	357
73	0:41:27	READ, Steve	St Austell Running Club	Male Vet 35-39	06:40.1	478
74	0:41:28	JAMES, Ian	Mounts Bay Harriers	Male Vet 45-49	06:40.3	329
75	0:41:33	WRIGHT, Paul	Newquay Road Runners	Male Vet 65-69	06:41.1	403
76	0:41:33	CHIRGWIN, Rob	Truro Running Club	Male under 35	06:41.1	545
77	0:41:36	NICHOLLS, Dan	Bodmin Road Runners	Male under 35	06:41.6	3
78	0:41:37	JACKSON, Brett	St Austell Running Club	Male under 35	06:41.7	438
79	0:41:39	CLARKE, Peter	Tamar Trotters	Male Vet 35-39	06:42.0	497
80	0:41:40	MUTSAERS, Adrian	Cornwall AC	Male Vet 40-44	06:42.2	76
81	0:41:41	ULLMAN, Chris	East Cornwall Harriers	Male Vet 40-44	06:42.4	127
82	0:41:42	MARTIN, Steve	St Austell Running Club	Male Vet 35-39	06:42.5	460
83	0:41:44	RUSSELL, Mark	Mounts Bay Harriers	Male Vet 50-54	06:42.8	387
84	0:41:52	WALLER, Anne	Mounts Bay Harriers	Female Vet 40-44	06:44.1	392
85	0:41:57	ALLEN, Peter	Newquay Road Runners	Male Vet 55-59	06:44.9	431
86	0:41:58	ROBERTS, Malcolm	St Austell Running Club	Male Ve 60-64	06:45.1	475
87	0:42:00	BURGESS, Kathryn	Cornwall AC	Female Vet 35-39	06:45.4	90
88	0:42:06	TOMS, Faye	Hayle Runners	Female Vet 35-39	06:46.4	257
89	0:42:13	ATTWOOD, James	Hayle Runners	Male Vet 40-44	06:47.5	181
90	0:42:16	CALDWELL, Andrew	Carn Runners	Male Vet 50-54	06:48.0	37
91	0:42:17	BURROWS, Lee	Cornwall AC	Male Vet 35-39	06:48.2	75
92	0:42:20	WITHAM, Neville	Cornwall AC	Male Vet 55-59	06:48.6	109
93	0:42:26	RICHARDS, Jason	Carn Runners	Male under 35	06:49.6	58
94	0:42:34	CHANNON, Lee	Cornwall AC	Male Vet 35-39	06:50.9	74
95	0:42:36	CHAPMAN, Wendy	Truro Running Club	Female Vet 35-39	06:51.2	553
96	0:42:38	MATTHEWS, Ian	Mounts Bay Harriers	Male Vet 45-49	06:51.5	351
97	0:42:40	ANDREWS, Mark	East Cornwall Harriers	Male Vet 55-59	06:51.9	142
98	0:42:43	STEPHENS, Darren	St Austell Running Club	Male Vet 45-49	06:52.3	481
99	0:42:49	WEBBER, Simon	East Cornwall Harriers	Male Vet 55-59	06:53.3	132
100	0:43:00	CROWLE, Revis	East Cornwall Harriers	Female Vet 50-54	06:55.1	121
101	0:43:03	HOADLEY, Ben	Mounts Bay Harriers	Male Vet 45-49	06:55.6	324
102	0:43:08	BRAY, Vivian	Cornwall AC	Male Vet 45-49	06:56.4	73
103	0:43:15	BUSCOMBE, Jessica	St Austell Running Club	Female under 35	06:57.5	472
104	0:43:18	ADAMS, Russ	Cornwall AC	Male Vet 40-44	06:58.0	84
105	0:43:21	LEECH, Terry	East Cornwall Harriers	Male Vet 55-59	06:58.5	119
106	0:43:28	MCCLAY, Karen	Mounts Bay Harriers	Female Vet 45-49	06:59.6	353
107	0:43:34	MORTIMER, Pip	Truro Running Club	Male Vet 35-39	07:00.5	529
108	0:43:34	BENNETT, Charlotte	Hayle Runners	Female Vet 40-44	07:00.5	186
109	0:43:39	GILL, Stuart	Hayle Runners	Male Vet 40-44	07:01.4	208
110	0:43:45	ALMEY, Jenny	Cornwall AC	Female under 35	07:02.3	92
111	0:43:52	PEARCE, Julia	Cornwall AC	Female Vet 35-39	07:03.4	93
112	0:43:56	MCCORMACK, Scott	Falmouth Road Runners	Male Vet 45-49	07:04.1	168
113	0:43:59	CROWLE, Ian	East Cornwall Harriers	Male Vet 50-54	07:04.6	120
114	0:44:01	DAW, Sharon	East Cornwall Harriers	Female Vet 45-49	07:04.9	144
115	0:44:06	TRESIDDER, Rachel	Mounts Bay Harriers	Female Vet 35-39	07:05.7	388
116	0:44:07	HUGH, Matthew	Tamar Trotters	Male Vet 35-39	07:05.9	496
117	0:44:12	PEARCE, David	Truro Running Club	Male under 35	07:06.7	524
118	0:44:14	MORRALL, Zelah	Cornwall AC	Female Vet 45-49	07:07.0	103
119	0:44:15	BRIGEN, Donal	Truro Running Club	Female Vet 45-49	07:07.1	519
120	0:44:21	MORGAN, Martin	Bodmin Road Runners	Male Vet 55-59	07:08.1	14
121	0:44:26	WOOD, Jacob	Mounts Bay Harriers	Male under 20	07:08.9	350
122	0:44:29	POST, Martin	Mounts Bay Harriers	Male under 35	07:09.4	362
123	0:44:30	THOMSON, Stuart	Mounts Bay Harriers	Male Vet 35-39	07:09.6	349
124	0:44:31	UREN, Peter	Mounts Bay Harriers	Male Vet 65-69	07:09.7	354

125	0:44:33	KNIGHT, Adam	Launceston Road Runners	Male under 20	07:10.0	280
126	0:44:41	LEE, Steven	Hayle Runners	Male Vet 50-54	07:11.3	221
127	0:44:45	MANNING, Jane	Mounts Bay Harriers	Female under 35	07:12.0	542
128	0:44:46	SMITH, Nick	Mounts Bay Harriers	Male under 35	07:12.1	394
129	0:44:55	CHAPMAN, Peter	Carn Runners	Male Vet 55-59	07:13.6	39
130	0:44:56	ABBOTT, Brian	St Austell Running Club	Male Vet 50-54	07:13.7	470
131	0:44:57	GROSE, Matt	St Austell Running Club	Male under 35	07:13.9	458
132	0:44:58	TOURELL-HARRIS, Jon	East Cornwall Harriers	Male Vet 40-44	07:14.1	128
133	0:45:01	WALL, Alex	Hayle Runners	Male under 35	07:14.5	261
134	0:45:02	HAYDEN, Sean	Falmouth Road Runners	Male under 35	07:14.7	163
135	0:45:07	HODGSON, Gary	Carn Runners	Male Vet 50-54	07:15.5	45
136	0:45:07	TREVENA, Nigel	Cornwall AC	Male Vet 45-49	07:15.5	79
137	0:45:08	EYRE, Janna	Carn Runners	Female under 35	07:15.7	65
138	0:45:09	POLGLASE, Tom	Carn Runners	Male Ve 60-64	07:15.8	52
139	0:45:12	JENKIN, Tammy	Falmouth Road Runners	Female under 35	07:16.3	152
140	0:45:18	THOMAS, Mark	Truro Running Club	Male Vet 40-44	07:17.3	540
141	0:45:25	KENNETT-PARSONS, Joe	Hayle Runners	Male Vet 35-39	07:18.4	216
142	0:45:25	JOHANSEN, Miles	Mounts Bay Harriers	Male under 35	07:18.4	333
143	0:45:28	OLIVER, Adam	Mounts Bay Harriers	Male under 35	07:18.9	360
144	0:45:37	HURST, Charlotte	Cornwall AC	Female under 35	07:20.3	107
145	0:45:38	CROCKER, Lee	East Cornwall Harriers	Male under 35	07:20.5	123
146	0:45:53	HARRISON, Karen	Cornwall AC	Female Vet 45-49	07:22.9	91
147	0:45:59	LOCKETT, Pat	Newquay Road Runners	Male Vet 65-69	07:23.9	418
148	0:46:02	CAIRNEY, Shirley	St Austell Running Club	Female Vet 45-49	07:24.4	467
149	0:46:03	HUMPHREY, Irwin	Hayle Runners	Male Vet 55-59	07:24.5	200
150	0:46:06	PALMER, Jade	Truro Running Club	Female under 35	07:25.0	532
151	0:46:10	WILES, Brian	Launceston Road Runners	Male Vet 65-69	07:25.6	276
152	0:46:16	KEARNS, Joe	East Cornwall Harriers	Male Vet 50-54	07:26.6	131
153	0:46:19	TYMM, Daniel	Hayle Runners	Male under 35	07:27.1	180
154	0:46:19	KINGSTON, Jody	Truro Running Club	Male under 35	07:27.1	551
155	0:46:32	LEETON, Russell	Launceston Road Runners	Male Vet 40-44	07:29.2	287
156	0:46:34	MORSE, Helen	East Cornwall Harriers	Female under 35	07:29.5	124
157	0:46:35	RUDD, Nikki	Hayle Runners	Female Vet 45-49	07:29.7	246
158	0:46:35	PLAYER, Garry	St Austell Running Club	Male Vet 45-49	07:29.7	451
159	0:46:38	PURVIS, Adam	East Cornwall Harriers	Male Vet 35-39	07:30.2	143
160	0:46:43	CLARKE, Aiden	Newquay Road Runners	Male under 35	07:31.0	397
161	0:46:44	BAZELEY, Geoff	St Austell Running Club	Male Vet 55-59	07:31.1	449
162	0:46:51	BADGE, Steve	Tamar Trotters	Male Vet 50-54	07:32.2	493
163	0:46:59	ROODHOUSE, Jon	Tri Logic Cornwall	Male Vet 40-44	07:33.5	514
164	0:47:02	GROSE, Kayleigh	St Austell Running Club	Female under 35	07:34.0	463
165	0:47:04	ANGOVE, Paul	Mounts Bay Harriers	Male Vet 45-49	07:34.3	298
166	0:47:23	SMITH, Derek	Hayle Runners	Male Vet 50-54	07:37.4	252
167	0:47:24	POPE, Robert	Truro Running Club	Male Vet 50-54	07:37.6	530
168	0:47:30	RANDALL, Gavin	Mounts Bay Harriers	Male Vet 45-49	07:38.5	368
169	0:47:31	CHARLES, Andrew	Tamar Trotters	Male Vet 50-54	07:38.7	491
170	0:47:37	ANGILLEY, Jayne	Cornwall AC	Female Vet 50-54	07:39.6	94
171	0:47:42	MCNEVIN, Philip	Mounts Bay Harriers	Male under 35	07:40.5	355
172	0:47:43	REEVE, Paul	Cornwall AC	Male Vet 45-49	07:40.6	211
173	0:47:45	THOMAS, Rachael	Cornwall AC	Female Vet 40-44	07:40.9	95
174	0:47:48	MCGUIRE, David	Truro Running Club	Male Vet 35-39	07:41.4	549
175	0:47:48	PICK, Robert	East Cornwall Harriers	Male Vet 55-59	07:41.4	118
176	0:47:53	PARKIN, Graham	Launceston Road Runners	Male Vet 40-44	07:42.2	284
177	0:47:56	CLEMENTS, Colette	Newquay Road Runners	Female under 35	07:42.7	410
178	0:48:02	KITCHEN, Nathan	Cornwall AC	Male Vet 40-44	07:43.7	110
179	0:48:06	PITT, Jenny	Tamar Trotters	Female Vet 40-44	07:44.3	494
180	0:48:07	TONKIN, Katrina	Mounts Bay Harriers	Female Vet 35-39	07:44.5	339
181	0:48:12	ROCHOWIAK, Robert	Carn Runners	Male Vet 50-54	07:45.3	54
182	0:48:16	WIGRAM, Tim	Hayle Runners	Male Vet 35-39	07:45.9	265
183	0:48:18	JONES, Nick	Mounts Bay Harriers	Male Vet 40-44	07:46.2	335
184	0:48:18	NICHOLL, Steven	Cornwall AC	Male Vet 45-49	07:46.2	71
185	0:48:20	LILLIS, John	Newquay Road Runners	Male Vet 65-69	07:46.6	406
186	0:48:22	SILVER, Kevin	Hayle Runners	Male Vet 45-49	07:46.9	193
187	0:48:24	MAY, Jordan	East Cornwall Harriers	Male under 35	07:47.2	115
188	0:48:25	BUTCHER, Kirsty	Truro Running Club	Female under 35	07:47.4	536

189	0:48:27	MICHELL, Steven	Truro Running Club	Male Vet 35-39	07:47.7	550
190	0:48:30	WILLIAMS, Amy	East Cornwall Harriers	Female under 35	07:48.2	140
191	0:48:30	JONES, Simon MB	Mounts Bay Harriers	Male Vet 40-44	07:48.2	336
192	0:48:32	WARWICK, Rupert	East Cornwall Harriers	Male Vet 45-49	07:48.5	141
193	0:48:33	HEMSWORTH, Kim	Falmouth Road Runners	Male Ve 60-64	07:48.7	159
194	0:48:33	SHORLAND, Narina	Hayle Runners	Female under 35	07:48.7	251
195	0:48:34	PARKIN, Dean	Launceston Road Runners	Male under 20	07:48.8	289
196	0:48:37	BOX, Philip	Launceston Road Runners	Male Ve 60-64	07:49.3	275
197	0:48:39	ROWELL, Tony	Tri Logic Cornwall	Male Vet 50-54	07:49.6	508
198	0:48:44	HADFIELD, James	Truro Running Club	Male under 35	07:50.4	533
199	0:48:45	MUTSAERS, Kirstie	Cornwall AC	Female Vet 40-44	07:50.6	96
200	0:48:52	BERRY, Andrew	East Cornwall Harriers	Male Vet 45-49	07:51.7	117
201	0:48:54	RIGGALL, Kimberley	Hayle Runners	Female under 35	07:52.0	555
202	0:48:59	CAIN, Daryll	Tamar Trotters	Male Vet 45-49	07:52.8	498
203	0:49:02	CLITHEROW, Hana	Truro Running Club	Female Vet 50-54	07:53.3	528
204	0:49:03	FISHER, Paul	Newquay Road Runners	Male Vet 50-54	07:53.5	407
205	0:49:04	MACAULEY, Alan	Tamar Trotters	Male Vet 45-49	07:53.6	488
206	0:49:06	SIMCOCK, Jenny	Newquay Road Runners	Female under 35	07:54.0	404
207	0:49:06	SIMCOCK, Chris	Newquay Road Runners	Male under 35	07:54.0	424
208	0:49:06	GOULD, Marie	Cornwall AC	Female Vet 40-44	07:54.0	98
209	0:49:07	COATES, Pat	Newquay Road Runners	Female Vet 55-59	07:54.1	405
210	0:49:10	CARLISLE, Martha	Cornwall AC	Female under 20	07:54.6	106
211	0:49:11	COVUS, Steven	St Austell Running Club	Male Vet 40-44	07:54.8	455
212	0:49:16	RAMSEY, Chris	Truro Running Club	Male Ve 60-64	07:55.6	521
213	0:49:26	STOCKMAN, Keith	Mounts Bay Harriers	Male Vet 50-54	07:57.2	381
214	0:49:31	TURTLE, John	Mounts Bay Harriers	Male Vet 50-54	07:58.0	390
215	0:49:36	CRANE, Mike	St Austell Running Club	Male Vet 45-49	07:58.8	480
216	0:49:37	TURNER, Jim	Newquay Road Runners	Male Vet 55-59	07:59.0	417
217	0:49:42	BAKER, Benjamin	Hayle Runners	Male Vet 35-39	07:59.8	182
218	0:49:45	HIBBERT, Clive	Mounts Bay Harriers	Male Vet 65-69	08:00.2	320
219	0:49:51	MARTIN, Katherine	Mile High	Female Vet 45-49	08:01.2	292
220	0:49:51	TILDESLEY, Daniel	Mounts Bay Harriers	Male under 35	08:01.2	315
221	0:49:55	WEBB, Helen	Mounts Bay Harriers	Female Vet 35-39	08:01.9	393
222	0:49:56	WARING, Chris	Hayle Runners	Male Vet 55-59	08:02.0	264
223	0:49:58	BATE, Geoff	St Austell Running Club	Male Vet 45-49	08:02.3	433
224	0:50:00	WEST, Rob	Cornwall AC	Male Vet 40-44	08:02.7	78
225	0:50:01	COX, Sarah	Bodmin Road Runners	Female under 35	08:02.8	6
226	0:50:02	HOOPER, Paul	Mounts Bay Harriers	Male Vet 50-54	08:03.0	380
227	0:50:05	LEO, Cas	Hayle Runners	Male Vet 50-54	08:03.5	222
228	0:50:07	DOW, Amanda	Tamar Trotters	Female under 35	08:03.8	503
229	0:50:08	BATEMAN, Rebecca	Bodmin Road Runners	Female Vet 35-39	08:03.9	10
230	0:50:12	FRITH, Ray	Newquay Road Runners	Male Vet 65-69	08:04.6	401
231	0:50:19	KEWN, Jeremy	Mounts Bay Harriers	Male Vet 45-49	08:05.7	341
232	0:50:24	BERRY, Tony	Truro Running Club	Male Vet 75+	08:06.5	552
233	0:50:25	PUXLEY, Jude	Falmouth Road Runners	Female under 35	08:06.7	164
234	0:50:29	COUNTER, Lynn	Newquay Road Runners	Female Vet 50-54	08:07.3	420
235	0:50:31	KNUCKEY, Nigel	Truro Running Club	Male Vet 55-59	08:07.6	543
236	0:50:37	BURROWS, Robert	Mounts Bay Harriers	Male Vet 55-59	08:08.6	304
237	0:50:50	O'DRISCOLL, Katie	Cornwall AC	Female Vet 40-44	08:10.7	104
238	0:50:52	HARVEY, Ceri	Carn Runners	Female Vet 35-39	08:11.0	41
239	0:50:53	DONOHUE, Lynne	Truro Running Club	Female Vet 45-49	08:11.2	539
240	0:50:54	HILL, Sarah	Newquay Road Runners	Female Vet 40-44	08:11.3	398
241	0:50:55	MERRETT, Graham	Hayle Runners	Male Vet 55-59	08:11.5	230
242	0:51:00	SCALLAN, Dawn	Carn Runners	Female Vet 40-44	08:12.3	56
243	0:51:01	CURTIS, Martin	Hayle Runners	Male Vet 65-69	08:12.5	199
244	0:51:04	TOWNEND, Stewart	Hayle Runners	Male Vet 70-74	08:13.0	258
245	0:51:07	ROTHSCHILD, Holly	Mounts Bay Harriers	Female under 35	08:13.4	373
246	0:51:07	HOSKING, Sasha	Mounts Bay Harriers	Female Vet 35-39	08:13.4	325
247	0:51:09	LONGHORN, Monica	Falmouth Road Runners	Female Vet 40-44	08:13.8	155
248	0:51:09	LEE, Becky	Hayle Runners	Female Vet 45-49	08:13.8	220
249	0:51:10	TAPSELL, Joanne	Bodmin Womens RC	Female Vet 40-44	08:13.9	26
250	0:51:14	HOWIS, Steve	Mounts Bay Harriers	Male Vet 50-54	08:14.6	327
251	0:51:16	BAZELEY, Sarah	St Austell Running Club	Female Vet 45-49	08:14.9	450
252	0:51:23	GOUNDRY, Emma	Truro Running Club	Female under 35	08:16.0	526

253	0:51:24	BUCKLEY, Julie	Falmouth Road Runners	Female Vet 40-44	08:16.2	516
254	0:51:25	WILLIAMS, Kevin	Tri Logic Cornwall	Male Vet 45-49	08:16.3	518
255	0:51:27	WATERS, Rachel	St Austell Running Club	Female Vet 45-49	08:16.7	479
256	0:51:30	THORP, Peter	Launceston Road Runners	Male Vet 50-54	08:17.1	267
257	0:51:32	SWIFT, Jackie	Tri Logic Cornwall	Female Vet 50-54	08:17.5	513
258	0:51:34	SUTTON, Andrew	Newquay Road Runners	Male Vet 40-44	08:17.8	415
259	0:51:36	LOCKYER, James	East Cornwall Harriers	Male Vet 55-59	08:18.1	130
260	0:51:36	SLY, Sandra	Truro Running Club	Female Vet 45-49	08:18.1	546
261	0:51:37	DUNCAN, Jeanette	Grit and Grin	Female Vet 50-54	08:18.3	172
262	0:51:39	GOODRIGHT, Ray	East Cornwall Harriers	Male Vet 65-69	08:18.6	134
263	0:51:42	GOULBOURN, Rachel	Hayle Runners	Female under 35	08:19.1	210
264	0:51:47	MAHONEY, Karen	East Cornwall Harriers	Female Vet 40-44	08:19.9	135
265	0:51:53	LEAN, Tracy	Bodmin Womens RC	Female Vet 45-49	08:20.8	30
266	0:52:00	WISEMAN, Emma	Mounts Bay Harriers	Female under 35	08:22.0	331
267	0:52:13	MERRIKIN, Caroline	Grit and Grin	Female Vet 50-54	08:24.1	174
268	0:52:15	HURST, Richard	Cornwall AC	Male Vet 55-59	08:24.4	108
269	0:52:23	MARTIN, Colin	Newquay Road Runners	Male Ve 60-64	08:25.7	421
270	0:52:25	ROUND, Matthew	Hayle Runners	Male Vet 35-39	08:26.0	245
271	0:52:25	JAMES, Becky	St Austell Running Club	Female Vet 40-44	08:26.0	445
272	0:52:30	HIGGS, Martin	Mounts Bay Harriers	Male Vet 50-54	08:26.8	323
273	0:52:36	JACKSON, Barry	Tri Logic Cornwall	Male Vet 55-59	08:27.8	512
274	0:52:40	LEWIS, Bridget	Mounts Bay Harriers	Female Vet 45-49	08:28.4	347
275	0:52:43	HALL, Nicola	Bodmin Womens RC	Female Vet 40-44	08:28.9	29
276	0:52:45	HOGG, Tim	St Austell Running Club	Male Vet 45-49	08:29.2	447
277	0:52:47	AINSWORTH, John	Tamar Trotters	Male Vet 45-49	08:29.5	486
278	0:52:48	VENNING, Martin	Launceston Road Runners	Male Ve 60-64	08:29.7	279
279	0:52:48	MULLARKEY, Mary	East Cornwall Harriers	Female Vet 65-69	08:29.7	125
280	0:52:53	SPEAKE, Georgina	St Austell Running Club	Female Vet 35-39	08:30.5	443
281	0:52:54	FRASER, Glen	Hayle Runners	Male Vet 55-59	08:30.7	207
282	0:52:55	WILLIAMSON, Ginny	Tamar Trotters	Female under 35	08:30.8	500
283	0:52:57	STUTHRIDGE, Helen	St Austell Running Club	Female Vet 45-49	08:31.1	462
284	0:52:58	OWEN, Mark	St Austell Running Club	Male Vet 35-39	08:31.3	461
285	0:53:05	DYMOND, Rob	Mounts Bay Harriers	Male Vet 45-49	08:32.4	311
286	0:53:06	ROGERS, Patricia	Grit and Grin	Female Vet 50-54	08:32.6	173
287	0:53:06	MERRETT, Trish	Hayle Runners	Female Vet 45-49	08:32.6	231
288	0:53:07	GOULBOURN, Mark	Hayle Runners	Male Vet 35-39	08:32.7	209
289	0:53:09	MARTIN, Rachel	Mile High	Female under 35	08:33.1	294
290	0:53:15	LITTLEJOHNS, Alan	Launceston Road Runners	Male Vet 65-69	08:34.0	274
291	0:53:19	ROWE, Melissa	St Austell Running Club	Female Vet 40-44	08:34.7	454
292	0:53:21	SPITERI, Dawn	St Austell Running Club	Female Vet 35-39	08:35.0	469
293	0:53:22	THOMAS, Alison	Hayle Runners	Female Vet 40-44	08:35.2	255
294	0:53:22	HARVEY HANCOCK, Missie	Hayle Runners	Female under 35	08:35.2	212
295	0:53:29	PAGE, Helen	Carn Runners	Female Vet 35-39	08:36.3	50
296	0:53:35	KANE, Duncan	Mounts Bay Harriers	Male Vet 50-54	08:37.2	337
297	0:53:39	KEWN, Nicola	Mounts Bay Harriers	Female Vet 40-44	08:37.9	342
298	0:53:42	NICHOLAS, Stacey	Mounts Bay Harriers	Female under 35	08:38.4	359
299	0:53:42	BULLOCK, Katie	Newquay Road Runners	Female under 35	08:38.4	414
300	0:53:43	RULE, Helen	Hayle Runners	Female Vet 35-39	08:38.5	247
301	0:53:51	ENDEAN, Dave	St Austell Running Club	Male Ve 60-64	08:39.8	453
302	0:53:56	WHITE, Karen	Bodmin Womens RC	Female Vet 45-49	08:40.6	17
303	0:54:04	TREGEAR, Sarah	Mounts Bay Harriers	Female under 35	08:41.9	386
304	0:54:08	BIRD, Sharon	St Austell Running Club	Female Vet 50-54	08:42.6	477
305	0:54:10	SMITH, Hannah	Hayle Runners	Female under 20	08:42.9	253
306	0:54:12	WARREN, Diane	Hayle Runners	Female Vet 55-59	08:43.2	263
307	0:54:18	KINGTON, Norris	Cornwall AC	Male Vet 70-74	08:44.2	77
308	0:54:26	BARRIBALL, Ann	Launceston Road Runners	Female Vet 40-44	08:45.5	288
309	0:54:32	COLLINSON, Michelle	Mounts Bay Harriers	Female Vet 40-44	08:46.4	306
310	0:54:38	LOWE, Wendy	Bodmin Womens RC	Female Vet 55-59	08:47.4	21
311	0:54:39	MARSHALL, Debbie	St Austell Running Club	Female Vet 35-39	08:47.5	435
312	0:54:41	BUNCE, Richard	Mounts Bay Harriers	Male Vet 50-54	08:47.9	367
313	0:54:44	ROSKILLY, Michelle	Hayle Runners	Female Vet 40-44	08:48.4	243
314	0:54:45	SHEFFORD, Andrew	Truro Running Club	Male under 35	08:48.5	534
315	0:54:48	WILKINSON, Sarah	Newquay Road Runners	Female Vet 50-54	08:49.0	427
316	0:54:51	WALTERS, Karen	Newquay Road Runners	Female Vet 40-44	08:49.5	429

317	0:54:54	CHANNON, Virginia	Cornwall AC	Female under 20	08:50.0	101
318	0:54:57	DOBSON, Helen	Mounts Bay Harriers	Female Vet 40-44	08:50.4	309
319	0:55:00	TRETHEWEY, Charlie	St Austell Running Club	Female Vet 35-39	08:50.9	437
320	0:55:03	WATKINS, Yvonne	Mounts Bay Harriers	Female Vet 50-54	08:51.4	385
321	0:55:05	HODGSON, Kim	Carn Runners	Female Vet 50-54	08:51.7	46
322	0:55:08	MASLEN, Tracy	East Cornwall Harriers	Female Vet 50-54	08:52.2	133
323	0:55:09	CHAPPELL, Lynsey	Mounts Bay Harriers	Female under 35	08:52.4	305
324	0:55:12	TEAGLE, Colin	Truro Running Club	Male Vet 40-44	08:52.9	523
325	0:55:13	JELF, Michelle	Hayle Runners	Female Vet 45-49	08:53.0	214
326	0:55:19	BACKHOUSE, Eden	Mounts Bay Harriers	Female under 20	08:54.0	299
327	0:55:21	BOYD, Claire	Tri Logic Cornwall	Female under 35	08:54.3	515
328	0:55:23	PORRITT, Eleanor	Newquay Road Runners	Female under 35	08:54.6	413
329	0:55:25	PARKIN, Sue	Launceston Road Runners	Female Vet 45-49	08:54.9	283
330	0:55:26	WILCOX, David	Truro Running Club	Male Vet 35-39	08:55.1	525
331	0:55:28	HALWORTH, Laura	Truro Running Club	Female under 35	08:55.4	537
332	0:55:28	TONKIN, Craig	Hayle Runners	Male Vet 40-44	08:55.4	235
333	0:55:33	STEPHENS, Jane	Bodmin Road Runners	Female Vet 45-49	08:56.2	12
334	0:55:35	WATKINS, Emma	St Austell Running Club	Female Vet 40-44	08:56.6	439
335	0:55:38	COLEMAN, Nikki	Cornwall AC	Female Vet 40-44	08:57.0	100
336	0:55:39	THOMPSON, Steve	Carn Runners	Male Vet 50-54	08:57.2	59
337	0:55:41	WILTON, David	Falmouth Road Runners	Male Vet 55-59	08:57.5	146
338	0:55:44	HOAR, Nicola	St Austell Running Club	Female Vet 55-59	08:58.0	441
339	0:55:46	JOHNS, Julie	Truro Running Club	Female Vet 50-54	08:58.3	535
340	0:55:53	MELLIS, Susan	St Austell Running Club	Female Vet 60-64	08:59.5	452
341	0:56:03	LONGHORN, Jason	Falmouth Road Runners	Male Vet 40-44	09:01.1	156
342	0:56:03	HOWSE, Karen	Launceston Road Runners	Female Vet 45-49	09:01.1	272
343	0:56:09	LATHOM, Janet	Launceston Road Runners	Female Vet 55-59	09:02.0	269
344	0:56:20	ALEXANDER, Samantha	Cornwall AC	Female Vet 45-49	09:03.8	217
345	0:56:22	BISS, Andrew	Hayle Runners	Male Vet 45-49	09:04.1	557
346	0:56:24	WALTON, Nancy	Hayle Runners	Female Vet 50-54	09:04.4	262
347	0:56:29	WILLIS, Sharon	Newquay Road Runners	Female Vet 50-54	09:05.2	400
348	0:56:30	MARTIN, Kelly	Hayle Runners	Female under 35	09:05.4	225
349	0:56:37	RIDGE, Marie	Mounts Bay Harriers	Female Vet 35-39	09:06.5	371
350	0:56:40	KNOWLES, Cat	Mounts Bay Harriers	Female under 35	09:07.0	343
351	0:56:45	NEWTON, Roy	Falmouth Road Runners	Male Vet 65-69	09:07.8	154
352	0:56:47	DAVIS, Ruth	Hayle Runners	Female Vet 45-49	09:08.1	13
353	0:56:49	EVANS, Alun	Hayle Runners	Male Vet 45-49	09:08.5	204
354	0:56:53	WEBB, Sarah	Falmouth Road Runners	Female Vet 40-44	09:09.1	157
355	0:56:59	LAY, Eve	Mounts Bay Harriers	Female Vet 40-44	09:10.1	379
356	0:57:07	TRIPP, Lisa	Truro Running Club	Female Vet 35-39	09:11.4	538
357	0:57:08	RIGGS, Paul	Mounts Bay Harriers	Male Vet 35-39	09:11.5	372
358	0:57:14	PITCHER, David	Tamar Trotters	Male Vet 55-59	09:12.5	489
359	0:57:15	THOMAS, Melanie	Tri Logic Cornwall	Female Vet 40-44	09:12.6	517
360	0:57:22	ELLIOTT, Beth	Hayle Runners	Female under 20	09:13.8	202
361	0:57:23	SIMS, Andrew	East Cornwall Harriers	Male Vet 45-49	09:13.9	139
362	0:57:29	BRANDWOOD, Laura	Falmouth Road Runners	Female under 35	09:14.9	153
363	0:57:29	MCCOLL, Debbie	Falmouth Road Runners	Female Vet 45-49	09:14.9	158
364	0:57:34	PARSONS, Andy	Falmouth Road Runners	Male Vet 45-49	09:15.7	166
365	0:57:34	BAKER, Rebecca	Hayle Runners	Female Vet 35-39	09:15.7	183
366	0:57:39	THORP, Hayley	Launceston Road Runners	Female under 35	09:16.5	268
367	0:57:49	ENGLAND, Emma	Bodmin Womens RC	Female Vet 45-49	09:18.1	24
368	0:57:52	LYDALL, Denise	Falmouth Road Runners	Female Vet 45-49	09:18.6	171
369	0:58:01	JONES, Stephen CR	Carn Runners	Male Vet 40-44	09:20.0	36
370	0:58:02	MARSHALL, Lavinia	Launceston Road Runners	Female Vet 60-64	09:20.2	285
371	0:58:04	SAUNTER, Jenny	Bodmin Womens RC	Female Vet 45-49	09:20.5	25
372	0:58:09	JAMES, Joyce	Mounts Bay Harriers	Female Vet 55-59	09:21.3	330
373	0:58:13	MANDER, Peter	Launceston Road Runners	Male Vet 75+	09:22.0	271
374	0:58:18	GALLOWAY, Alison	Carn Runners	Female Vet 50-54	09:22.8	42
375	0:58:18	DAVIES, Pippa	Mounts Bay Harriers	Female Vet 35-39	09:22.8	307
376	0:58:20	CARDELL, Timothea	Hayle Runners	Female Vet 70+	09:23.1	191
377	0:58:23	BARKER, Alice	Bodmin Road Runners	Female under 35	09:23.6	5
378	0:58:27	PAN-HUERTAS, Ana	Hayle Runners	Female Vet 35-39	09:24.2	239
379	0:58:31	CARTER, Nicki	Hayle Runners	Female Vet 40-44	09:24.9	192
380	0:58:38	LAMBRECHTS, Patsy	Launceston Road Runners	Female Vet 50-54	09:26.0	282

381	0:58:38	HANCOCK, Laura	Bodmin Womens RC	Female under 35	09:26.0	33
382	0:58:39	BILLINGTON, Melanie	Hayle Runners	Female Vet 40-44	09:26.2	187
383	0:58:40	PULLEN, Tim	Mounts Bay Harriers	Male Vet 55-59	09:26.3	366
384	0:58:42	FOREMAN, Lia	Hayle Runners	Female under 20	09:26.6	206
385	0:58:42	FOREMAN, Michelle	Hayle Runners	Female Vet 45-49	09:26.6	205
386	0:58:42	PRADY, Liz	Mounts Bay Harriers	Female Vet 55-59	09:26.6	364
387	0:58:47	THOMSON, Rachel	Mounts Bay Harriers	Female Vet 45-49	09:27.4	346
388	0:59:12	DYMOND, Amanda	Bodmin Womens RC	Female Vet 35-39	09:31.5	15
389	0:59:12	BOWDEN, Ian	Hayle Runners	Male Vet 40-44	09:31.5	188
390	0:59:13	BASTIAN, Adrian	Hayle Runners	Male Vet 45-49	09:31.6	185
391	0:59:21	ELGAR, Simon	Hayle Runners	Male Vet 35-39	09:32.9	201
392	0:59:24	DALTON, Martin	Falmouth Road Runners	Male Ve 60-64	09:33.4	148
393	0:59:25	TREWHELLA, Chris	Mounts Bay Harriers	Male Vet 50-54	09:33.6	389
394	0:59:33	NIETGEN, Maria	Falmouth Road Runners	Female Vet 45-49	09:34.9	165
395	0:59:35	LAGOR, Stephen	Hayle Runners	Male Ve 60-64	09:35.2	219
396	0:59:40	UREN, Penny	Mounts Bay Harriers	Female Vet 60-64	09:36.0	391
397	0:59:40	HOSKIN, Cheryl	Plymouth Harriers	Female Vet 40-44	09:36.0	286
398	0:59:55	PARKIN, Katie	Launceston Road Runners	Female under 20	09:38.4	290
399	1:00:14	TOZER, Nicola	Grit and Grin	Female Vet 40-44	09:41.4	175
400	1:00:18	RULE, Roger	Mounts Bay Harriers	Male Ve 60-64	09:42.1	374
401	1:00:25	JAMESON, Judy	Carn Runners	Female Vet 50-54	09:43.2	48
402	1:00:29	JAMES, Sue	Mounts Bay Harriers	Female Vet 60-64	09:43.9	332
403	1:00:29	TILDESEY, Amy	Mounts Bay Harriers	Female under 35	09:43.9	314
404	1:00:34	FLANAGAN, Rachel	Falmouth Road Runners	Female Vet 45-49	09:44.7	170
405	1:00:35	STONE, Jackie	Mounts Bay Harriers	Female Vet 50-54	09:44.8	382
406	1:00:36	SIMS, Karen	East Cornwall Harriers	Female Vet 45-49	09:45.0	138
407	1:00:36	LE BOUEF, Angeline	Truro Running Club	Female under 35	09:45.0	520
408	1:00:37	BERRY, Abigail	East Cornwall Harriers	Female under 35	09:45.1	116
409	1:00:37	POLLARD, Donna	Carn Runners	Female Vet 40-44	09:45.1	53
410	1:00:40	ROUNCEFIELD, Carol	Hayle Runners	Female Vet 40-44	09:45.6	244
411	1:00:43	BENNETT, Guy	Dreckly Runners	Male Vet 50-54	09:46.1	112
412	1:00:57	WALTERS, Danielle	Newquay Road Runners	Female under 35	09:48.4	430
413	1:00:58	EVANS, Des	Newquay Road Runners	Male Vet 65-69	09:48.5	395
414	1:01:00	MATTHEWS, Susan	Mounts Bay Harriers	Female Vet 50-54	09:48.8	352
415	1:01:01	BROMFIELD, Amy	Hayle Runners	Female under 35	09:49.0	189
416	1:01:03	SHAPCOTT, Paul	Tamar Trotters	Male Vet 40-44	09:49.3	495
417	1:01:03	PROSSER, Amanda	Mounts Bay Harriers	Female Vet 40-44	09:49.3	365
418	1:01:08	SHAPLAND, Ron	Newquay Road Runners	Male Vet 70-74	09:50.1	399
419	1:01:10	JOHNS, Sue	Mounts Bay Harriers	Female Vet 55-59	09:50.5	334
420	1:01:20	PLAYER, Shirley	Bodmin Womens RC	Female Vet 45-49	09:52.1	22
421	1:01:27	DEVEREUX, Jacky	Truro Running Club	Female Vet 55-59	09:53.2	531
422	1:01:48	SCRACE, Charmaine	St Austell Running Club	Female Vet 40-44	09:56.6	456
423	1:01:50	SOWERBY, Nicky	Truro Running Club	Female Vet 45-49	09:56.9	522
424	1:01:53	DYMOND, Steph	Mounts Bay Harriers	Female Vet 45-49	09:57.4	312
425	1:01:53	RICHARDS, Anita	Mounts Bay Harriers	Female Vet 45-49	09:57.4	369
426	1:02:06	STAINSBY, Elaine	Hayle Runners	Female Vet 40-44	09:59.5	226
427	1:02:11	DENNIS, Pauline	Bodmin Womens RC	Female Vet 50-54	10:00.3	20
428	1:02:15	TURNER, Helen	Tri Logic Cornwall	Female Vet 40-44	10:00.9	509
429	1:02:17	CARLISE, Cecilia	Cornwall AC	Female under 20	10:01.2	99
430	1:02:18	GRIFFITH, Jacky	Carn Runners	Female Vet 50-54	10:01.4	43
431	1:02:23	CAMPBELL, Alison	Carn Runners	Female Vet 35-39	10:02.2	49
432	1:02:37	BACKHOUSE, Claire	Mounts Bay Harriers	Female Vet 45-49	10:04.5	300
433	1:02:44	BOARDMAN, Diane	Truro Running Club	Female under 35	10:05.6	527
434	1:02:47	WRIGHT, Karen	Bodmin Womens RC	Female Vet 45-49	10:06.1	35
435	1:02:49	CLOETE, Vicky	Grit and Grin	Female Vet 40-44	10:06.4	176
436	1:02:49	FANELLI, Kerry	Mounts Bay Harriers	Female under 35	10:06.4	317
437	1:02:54	NICHOLAS, Hilary	St Austell Running Club	Female Vet 50-54	10:07.2	440
438	1:02:54	JANE, Gary	St Austell Running Club	Male Vet 45-49	10:07.2	442
439	1:02:57	PAUL, Tracey	Bodmin Womens RC	Female Vet 35-39	10:07.7	32
440	1:03:04	HANNAH, Lindsay	Bodmin Womens RC	Female Vet 35-39	10:08.8	28
441	1:03:10	PARKER, Kim	Hayle Runners	Female Vet 45-49	10:09.8	240
442	1:03:12	STEVENS, Carol	Hayle Runners	Female Vet 50-54	10:10.1	254
443	1:03:16	GIBBS, Clive	St Austell Running Club	Male Vet 45-49	10:10.7	466
444	1:03:17	WATTS, Debbie	St Austell Running Club	Female Vet 45-49	10:10.9	465

445	1:03:18	WRIGHT, Lisa	Newquay Road Runners	Female Vet 65-69	10:11.1	402
446	1:03:27	CAIN, Gillian	Tamar Trotters	Female Vet 45-49	10:12.5	504
447	1:03:31	JUKES, Ashleigh	Hayle Runners	Female under 20	10:13.1	215
448	1:03:46	POOLEY, Susan	Bodmin Womens RC	Female Vet 50-54	10:15.6	34
449	1:03:47	ARMSTRONG, Maxine	Hayle Runners	Female under 35	10:15.7	179
450	1:03:49	CULLEY, Carol	Hayle Runners	Female Vet 55-59	10:16.0	197
451	1:03:53	WADE, Margaret	Carn Runners	Female Vet 60-64	10:16.7	62
452	1:03:53	HOGG, Lorna	St Austell Running Club	Female Vet 40-44	10:16.7	448
453	1:03:57	TYMM, Zoe	Hayle Runners	Female under 35	10:17.3	260
454	1:04:00	CHAPMAN, Jackie	Launceston Road Runners	Female Vet 50-54	10:17.8	270
455	1:04:04	HENNESSY, Sally	Grit and Grin	Female Vet 50-54	10:18.5	177
456	1:04:19	RICHARDSON, Nicola	Mounts Bay Harriers	Female Vet 35-39	10:20.9	302
457	1:04:19	BYRNE, Carly	Mounts Bay Harriers	Female Vet 35-39	10:20.9	318
458	1:04:19	JONES, Emma	Mounts Bay Harriers	Female Vet 40-44	10:20.9	319
459	1:04:27	BULEY, Emma	Tamar Trotters	Female Vet 40-44	10:22.2	507
460	1:04:29	HUNTER, Patricia	St Austell Running Club	Female Vet 55-59	10:22.5	432
461	1:04:31	TALBOT, Bev	St Austell Running Club	Female Vet 45-49	10:22.8	471
462	1:04:34	BUDGE, Paula	St Austell Running Club	Female Vet 35-39	10:23.3	473
463	1:04:38	MCKENZIE, Tracy	Newquay Road Runners	Female Vet 35-39	10:23.9	422
464	1:04:56	SROCZYNSKI, Jan	East Cornwall Harriers	Male Vet 65-69	10:26.8	129
465	1:05:12	EVANS, Cinnamon	Mounts Bay Harriers	Female Vet 40-44	10:29.4	316
466	1:05:13	ATHERTON, Julie	Cornwall AC	Female Vet 45-49	10:29.6	102
467	1:05:14	JAMES, Amanda	Mounts Bay Harriers	Female Vet 60-64	10:29.7	328
468	1:05:15	JARDINE, Clare	Tamar Trotters	Female Vet 45-49	10:29.9	485
469	1:05:35	FOX, Karrie	Falmouth Road Runners	Female Vet 60-64	10:33.1	150
470	1:06:05	GOATMAN, Charlotte	Bodmin Womens RC	Female under 35	10:37.9	16
471	1:06:33	HANSON, Julie	Hayle Runners	Female Vet 50-54	10:42.4	223
472	1:06:45	PAINTER, Sarah	Hayle Runners	Female under 35	10:44.4	238
473	1:06:55	HILL, Jo	Hayle Runners	Female Vet 40-44	10:46.0	213
474	1:07:06	TOY, Jeanette	Carn Runners	Female Vet 40-44	10:47.7	60
475	1:07:19	PERRING, Sharon	Bodmin Womens RC	Female Vet 40-44	10:49.8	31
476	1:07:21	CHEEL, Amanda	Hayle Runners	Female Vet 45-49	10:50.2	237
477	1:07:46	MASSEY, Jennie	Bodmin Womens RC	Female Vet 50-54	10:54.2	23
478	1:08:04	MACKINTOSH, Susie	Hayle Runners	Female Vet 45-49	10:57.1	224
479	1:08:06	NANCARROW, David	Hayle Runners	Male Vet 45-49	10:57.4	233
480	1:08:11	VINCENT, Giuseppina	Dreckly Runners	Female Vet 50-54	10:58.2	113
481	1:08:31	CARBRY, Sarah	Mounts Bay Harriers	Female Vet 35-39	11:01.4	303
482	1:08:33	MARSH, Kathryn	Dreckly Runners	Female Vet 35-39	11:01.7	111
483	1:08:41	MILES, Sandra	Bodmin Womens RC	Female Vet 50-54	11:03.0	19
484	1:08:56	HUTCHINS, Sarah	Carn Runners	Female Vet 35-39	11:05.4	47
485	1:09:05	HARVEY, Dan	Mounts Bay Harriers	Male under 35	11:06.9	308
486	1:09:05	LUGG, Dan	Mounts Bay Harriers	Male under 35	11:06.9	348
487	1:09:06	LAWRY, Jen	Mounts Bay Harriers	Female under 35	11:07.0	344
488	1:09:41	DREW, Talwyn	Mounts Bay Harriers	Female under 35	11:12.7	310
489	1:10:06	GARRARD, David	Falmouth Road Runners	Male Vet 65-69	11:16.7	151
490	1:10:54	BUTLER, Sue	St Austell Running Club	Female Vet 55-59	11:24.4	483
491	1:11:05	SHROSBEE, Bridget	Mounts Bay Harriers	Female Vet 40-44	11:26.2	378
492	1:11:18	COLDRICK, Debra	Hayle Runners	Female Vet 45-49	11:28.3	194
493	1:12:13	KENT, Charlotte	Mounts Bay Harriers	Female under 35	11:37.1	340
494	1:12:29	LAWRENCE, Steven	Falmouth Road Runners	Male Vet 55-59	11:39.7	169
495	1:12:31	ROBERTS, Nigel	Falmouth Road Runners	Male under 35	11:40.0	147
496	1:13:35	SAUNDRY, Richard	Hayle Runners	Male Vet 70-74	11:50.3	248
497	1:13:49	LOBB, Michele	St Austell Running Club	Female Vet 50-54	11:52.6	436
498	1:13:59	POYNTER, Clare	Mounts Bay Harriers	Female Vet 35-39	11:54.2	363
499	1:14:19	STAFF, Rachael	St Austell Running Club	Female Vet 40-44	11:57.4	474
500	1:14:25	LEACH, Cheryl	Launceston Road Runners	Female Vet 65-69	11:58.4	277
501	1:14:27	MOORE, Rachel	St Austell Running Club	Female Vet 40-44	11:58.7	464
502	1:14:31	DUKE, Jan	Tamar Trotters	Male Vet 65-69	11:59.3	506
503	1:14:40	VENNING, Ann	Launceston Road Runners	Female Vet 60-64	12:00.8	278
504	1:14:42	MCGUIRE, Jo	Hayle Runners	Female under 35	12:01.1	229
505	1:14:54	PARROT, Alison	Dreckly Runners	Female Vet 50-54	12:03.0	114
506	1:15:38	DALTON, Beverley	Falmouth Road Runners	Female Vet 60-64	12:10.1	149
507	1:16:34	PRIDEAUX, Rachel	Bodmin Road Runners	Female Vet 35-39	12:19.1	4
508	1:16:35	HAMBLEY, Sharon	Bodmin Road Runners	Female Vet 45-49	12:19.3	7

509	1:16:38	BALDWIN, Charlotte	Hayle Runners	Female under 20	12:19.8	184
510	1:16:39	CONNON, Naomi	Hayle Runners	Female Vet 40-44	12:19.9	195
511	1:16:58	THOMPSON, Tamsin	Hayle Runners	Female Vet 50-54	12:23.0	256
512	1:17:00	NANCARROW, Karen	Hayle Runners	Female Vet 45-49	12:23.3	234
513	1:17:00	WRIGHT, David	Hayle Runners	Male Vet 45-49	12:23.3	259
514	1:17:17	NEWING, Sarah	Hayle Runners	Female Vet 35-39	12:26.0	236
515	1:17:17	ATKINSON, Anita	Hayle Runners	Female Vet 50-54	12:26.0	554
516	1:18:35	HATCH, David	Moorhaven AC	Male Vet 65-69	12:38.6	295
517	1:18:50	HAIDON, Sofie	Moorhaven AC	Female under 35	12:41.0	297
518	1:19:14	YATES, Angela	St Austell Running Club	Female Vet 55-59	12:44.9	457
519	1:19:58	ROGERS, Verity	Mounts Bay Harriers	Female under 35	12:52.0	326
520	1:21:02	WILKINSON, Hannah	Carn Runners	Female under 35	13:02.3	64
521	1:21:15	BROWN, Helen	Falmouth Road Runners	Female Vet 45-49	13:04.3	122
522	1:21:44	SAVAGE, Wendy	Carn Runners	Female Vet 50-54	13:09.0	55
523	1:22:32	SHARP, Katherine	Mounts Bay Harriers	Female under 35	13:16.7	377
524	1:24:51	BATE, Mandy	St Austell Running Club	Female Vet 45-49	13:39.1	434
525	1:24:51	WYATT, Liz	St Austell Running Club	Female Vet 45-49	13:39.1	468
526	1:26:46	SHARP, Claire	Mounts Bay Harriers	Female under 35	13:57.6	376
527	1:27:10	WHITE, Christine	Falmouth Road Runners	Female Vet 65-69	14:01.5	162
528	1:30:20	HULCOOP, Jason	Moorhaven AC	Male Vet 35-39	14:32.0	296
529	1:30:22	PICKARD, Hannah	Launceston Road Runners	Female under 35	14:32.4	281
530	1:30:22	PICKARD, Linda	Launceston Road Runners	Female Vet 50-54	14:32.4	273
531	1:36:54	PEARSON, Catherine	Dreckly Runners	Female Vet 40-44	15:35.4	57